



IRISH SPORT MONITOR
QUESTIONNAIRE (FINAL)

SECTION 1 – INTRO AND SCREENING

Good morning/afternoon/evening, my name is _____ and I am calling on behalf of Ipsos MRBI, Ireland's leading opinion polling and survey research company. We are conducting a survey on important social issues. Would you spare some time to answer some questions, it will take approximately 12 minutes.

Before we go to the first question I just need to reassure you that all of your answers are completely confidential and your rights under the Data Protection Act will be fully observed, including not answering and choosing to end the interview. For quality control and training purposes this interview may be monitored or recorded.

GENDER

RECORD SEX OF RESPONDENT

Male.....
Female

AGE

To ensure we interview a wide cross section of the public, could I first ask what age group you fall into?

Under 16
16-19
20-24
25-34
35-44
45-54
55-64
65+

AGE 2

And, may I ask what is your actual age?
15 to 99



WORK

Which of these best describes you current employment situation? **READ OUT. SINGLE CODE**

- Working as an employee.....
- Self-employed
- Unemployed/seeking work.....
- Retired.....
- Full-time home maker / looking after family
- Student.....
- Not working due long term sickness or disability

WORK 2

Do you have a full-time occupation or paid job of 30 or more hours per week?

- Yes
- No.....
- Don't know.....
- Refused.....

SECTION 2 – SPORTS PARTICIPATION

Now I would like to ask you a few questions on recreation, exercise and sport. These questions are being asked on behalf of the Irish Sports Council, but they relate to a broad range of physical activities as well as traditional sports, including walking, cycling, other outdoor pursuits, water sports, and non-competitive or recreational exercise.

A1. First, I would like to ask you about any recreational walking you did in the last 7 days. DO NOT include walks for transport, such as walking to work or to the shops, but DO include walks undertaken for exercise, recreation or leisure. In the last 7 days, did you take such a walk?

In the last 7 days, did you take such a walk?

Yes No..... → **GO TO A5**

A2. How many walks for exercise, recreation or leisure did you take?

A3. Approximately how many minutes did each walk last?

a.	b.	c.	d.	e.	f.	g.
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INT: IF INTERVIEWEE TOOK MORE THAN 7 WALKS, PLEASE RECORD THE 7 LONGEST

A4. How would you describe your usual walking pace during this(these) walk(s)? **TICK ONE ONLY**

- Slow.....
- Steady, average.....
- Fairly Brisk.....
- Fast.....
- Don't know.....

A5. I would now like to ask you about any OTHER physical activities you undertook in the past 7 days for exercise, recreation or sport. Please DO NOT include physical activity for work, transport, or domestic work like gardening or DIY. Please DO include personal exercise, such as swimming, dancing or jogging, as well as all forms of sporting activity, indoor or outdoor, whether undertaken in an organised setting or casually with family or friends. So, in the past 7 days, did you participate in any such activities?

Yes No..... → **GO TO A22**

A6. Please list up to 3 sports or activities, in the order in which you participated the most:

A6a.
A6b.
A6c.

I'd like to ask you a short series of questions about each activity, starting with the first...

INT: PROMPT ACTIVITY A6A

A7. On how many of the last 7 days did you take part? _____

A8. For how long did you take part?
Consider a usual session if you took part more than once. _____ minutes

A9. Was the effort enough to raise your breathing rate?
Yes
No.....

A10. Was the effort enough for you to be out of breath or sweat?
Yes
No.....

A11. In what context did the activity take place?
Organised training/coaching/lesson
Organised competition
Casually with family or friends
On own
Other



I'd like to ask you the same series of questions about the second activity... **[PROMPT ACTIVITY A6B]**

A12. On how many of the last 7 days did you take part? _____

A13. For how long did you take part?
Consider a usual session if you took part more than once. _____ minutes

A14. Was the effort enough to raise your breathing rate?
Yes
No.....

A15. Was the effort enough for you to be out of breath or sweat?
Yes
No.....

A16. In what context did the activity take place?
Organised training/coaching/lesson
Organised competition
Casually with family or friends
On own
Other

I'd like to ask you the same series of questions about the third activity... **[PROMPT ACTIVITY A6C]**

A17. On how many of the last 7 days did you take part? _____

A18. For how long did you take part?
Consider a usual session if you took part more than once. _____ minutes

A19. Was the effort enough to raise your breathing rate?
Yes
No.....

A20. Was the effort enough for you to be out of breath or sweat?
Yes
No.....

A21. In what context did the activity take place?
Organised training/coaching/lesson
Organised competition
Casually with family or friends
On own
Other



A22. I would now like to ask you about any voluntary activity associated with sport and exercise activities that you undertook in the past 7 days. Voluntary activity means any role you may have fulfilled in support of sport or recreational physical activity, for adults or children. It includes helping to run events, providing or maintaining transport, food, equipment or kit, or acting in any kind of official capacity in relation to an event, team or organisation that provides opportunities to engage in physical activities for recreation, exercise or sport.

So, in the past 7 days, were you involved in any volunteering of this type?

Yes

No.....

→ GO TO

A28

A23. What were the sports or physical activities concerned (up to a maximum of 2 you were most involved in)?

A23a. _____

A23b. _____

A24. For sport ... [prompt activity A23a], what voluntary involvement did you have?

TICK ALL THAT APPLY

- Providing Transport.....
- Coach
- Club Official
- Activity Organiser
- Kit Maintenance
- Selector
- Mentor
- Referee.....
- Other (please specify)

A25. How much time during the past 7 days did you devote to volunteering for this activity?

_____ hours

A26. For sport ... [prompt activity A23b], what voluntary involvement did you have?
TICK ALL THAT APPLY

- Providing Transport.....
- Coach
- Club Official
- Activity Organiser
- Kit Maintenance
- Selector
- Mentor
- Referee.....
- Other (please specify)

A27. How much time during the past 7 days did you devote to volunteering for this activity?
_____ hours

A28. Are you a member of any kind of sports club? Include clubs for traditional sports, but also walking, cycling or swimming clubs, fitness centres, gyms or other organisations that provide opportunities to engage in physical activity for recreation, exercise or sport?

Yes
A31

No..... → **GO TO**

A29. How many are you a member of? _____

A30. What are the sports or physical activities concerned (up to a maximum of 3 you are most involved in)?

A30a. _____

A30b. _____

A30c. _____

A31. Given the broad definition of sporting activities we have been using, have you attended any fixtures or events in the past 7 days, either children's or adult events, as a spectator or supporter, rather than as an active participant?

Yes
A34

No..... → **GO TO**

A32. How many events did you attend? _____

A33. What were the sports or physical activities concerned (up to a maximum of 3 most recent events)?

A33a. _____

A33b. _____

A33c. _____

A34. Apart from during PE lessons, did you play regular sport at school?



Yes
No.....

A35. When you were at school, did your parents play any kind of sport regularly? **TICK ONE ONLY**

Yes, both
Yes, father only
Yes, mother only
No.....
Don't Know

A36. Do you undertake any regular walks of over 15 minutes for transport, such as walking to work, walking children to school etc.? By regular I mean at least once-a-week.

Yes
No.....

A37. Do you cycle regularly as a form of transport? By regular I again mean once-a-week.

Yes
No.....



SECTION 5 – DEMOGRAPHICS

Finally, I would like to ask you a few more background questions.

C1. Do you have any long-term illness, health problem or disability that limits your daily activities or work?

Yes
No..... GO TO C3.

C2. Does this prevent you from taking part in sport and exercise?

Yes
No.....

C3. Do you have any children?

Yes
No.....

C4. How many children do you have? _____

C5. What age is your youngest child? _____

C5a. How many adults live in your household? _____

C5b. How many children aged under 18 live in your household? _____

C5c. Are you?

Married
Living as married.....
Single
Widowed/Divorced/Separated

C6. Does your household have a car?

Yes
No.....

C7. Which of the following best describes where you live? **TICK ONE ONLY**

In a city
In a town
In a village
Isolated location
Don't know

C8. Which county do you live in? **PRECODE LIST OF COUNTIES**



[IF DUBLIN]

C9. Which of the following is your local authority?

- Dublin City
- Dun Laoghaire-Rathdown
- Fingal
- South Dublin.....

C10. What nationality are you? If joint nationality, please state both nationalities

PRECODE LIST OF NATIONALITIES

SOCIO-ECONOMIC QUESTIONS

C11. What is the highest level of education that you have completed?

- Primary level or lower
- Group, Inter, Junior Certificate
- Leaving Certificate
- Other Second Level
- Third Level
- Don't know
- Refused.....

C12. Could I ask about the approximate level of net household income? This means the total income, after tax, PRSI and other statutory deductions, of all members of the household.

<i>Amount per week</i>	<i>Amount per month</i>	<i>Amount per year</i>
under €300	under €1200	under €15500
€300 - €399	€1200 - €1599	€15500 - €19999
€400 - €499	€1600 - €1999	€20000 - €25999
€500 - €749	€2000 - €2999	€26000 - €38999
€750 - €899	€3000 - €3599	€39000 - €46999
€900 - €1249	€3600 - €4999	€47000 - €64999
over €1249	over €4999	over €64999